

**THE
SURGEON
GENERAL
WORKSHOP ON
SELF-HELP
AND
PUBLIC HEALTH**



Los Angeles, California
September 20-22, 1987

U.S. DEPARTMENT OF HEALTH & HUMAN SERVICES
Public Health Service
Health Resources and Services Administration
Bureau of Maternal and Child Health and Resource Development



I believe in self-help as an effective way of dealing with problems, stress, hardship, and pain ... Mending people, curing them, is no longer enough; it is only part of the total health care that most people require.

C. Everett Koop, M.D., Sc.D.
Surgeon General, U.S. Public Health Service

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Greetings:

Mark Mayeda, Chairman and Workshop Moderator,
California Self-Help Center

Jeanne Bradner, Director of the Illinois
Governor's Office of Voluntary Action

Clifford L. Allenby, Secretary of the California Health and Welfare Agency

Introduction of the Surgeon General

Faye G. Abdellah, Deputy Surgeon General of the U.S. Public Health Service

Keynote Address

C. Everett Koop, M.D., D.Sc., Surgeon General of the U.S. Public Health
Service

Panel Presentation

Frances J. Dory, Moderator, New York City Self-Help Clearinghouse

Panel Members:

Leonore Miller, President of SHARE, Inc.

Edward J. Madara, Director of the Self-Help Clearinghouse of St. Clares-
Riverside Medical Center

S. Denise Rouse, Member of the Board of Directors of the National Black
Women's Health Project

Irving K. Zola, Professor of Sociology, Brandeis University

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